



Resilient Families Mental Health Assessment Counsellor

Position Overview:

The Child & Youth Advocacy Centre (CYAC) of Kelowna is seeking a compassionate and skilled Mental Health Assessment Counsellor to join our multi-disciplinary team. This role centers on conducting comprehensive mental health assessments to uncover the underlying causes of client concerns and collaborating with the broader team to determine and implement effective support pathways.

In addition to assessment work, the counsellor will hold a small in-house caseload, providing counselling using evidence-based, therapeutic approaches focused on trauma and attachment. The position also includes case management responsibilities, ensuring coordinated care through warm transfers, appropriate referrals, and seamless service navigation for children, youth, and families.

This is a meaningful opportunity to make a lasting impact while receiving ongoing training and supervision in best-practice, trauma-informed care.

Responsibilities:

1. Conduct detailed assessments for children, youth, and caregivers using standardized tools and play-based approaches to identify presenting issues and underlying concerns.
2. Participate in case formulation discussions with the multi-disciplinary team, integrating assessment findings to guide treatment recommendations and referrals. Conduct individual and family sessions tailored to the unique needs of children and youth who have experienced abuse.
3. Provide Trauma Focused-Cognitive Behavioural Therapy counselling, receiving direct supervision and training in the model to ensure fidelity to best practices.
4. Collaborate closely with multi-disciplinary team members (e.g., social workers, psychologists, medical staff, child protection workers, police officers, and victim support services) to develop comprehensive intervention plans tailored to client needs.
5. Incorporate trauma-informed approaches and evidence-based assessment frameworks to support a thorough understanding of each client's unique challenges and strengths.
6. Approach all client interactions with cultural sensitivity and an understanding of the diverse needs of the community.
7. Contribute to the ongoing refinement and development of assessment protocols and intervention strategies to improve mental health services at the CYAC.
8. Maintain accurate, timely, and confidential client records in line with ethical and legal standards.
9. Stay current with advancements in clinical assessments, trauma therapy, and evidence-based interventions through ongoing professional development.

Qualifications:

1. Master's degree in Social Work, Psychology, Counselling, or related field.
2. Licensure or eligibility for licensure in counseling or related field is required.
3. Minimum of two years of experience in mental health or social services, with a focus on clinical assessment and intervention. Practicum or work experience in a child/youth counselling setting is an asset.



4. Openness to working with evidence-based trauma and attachment therapies in addition to TF-CBT, with training and supervision provided
5. Experience or willingness to engage in case management, including coordinating care with external agencies and facilitating warm client transfers.
6. Ability to work collaboratively in a multi-disciplinary team setting.
7. Strong cultural competence, communication, and active listening skills.